Notes – 3.4 – Buddhism

Buddhism

* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + Founder
  + Later known as \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_
  + 1) In life, we \_\_\_\_\_\_\_\_\_\_\_\_\_
  + 2) Suffering is caused by \_\_\_\_\_\_\_\_\_\_\_\_\_
  + 3) Suffering can be \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + 4) The Eightfold Path is the \_\_\_\_\_\_\_\_\_\_\_\_\_\_ to suffering
  + The truth about life, according to Buddhism
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_ to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + 1) Right \_\_\_\_\_\_\_\_ (know the truth)
  + 2) Right \_\_\_\_\_\_\_\_\_\_\_\_\_\_ (free your mind of evil)
  + 3) Free \_\_\_\_\_\_\_\_\_\_\_\_ (say nothing that hurts others)
  + 4) Right \_\_\_\_\_\_\_\_\_\_\_\_ (work for the good of others)
  + 5) Right \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (respect life)
  + 6) Right \_\_\_\_\_\_\_\_\_\_ (resist evil)
  + 7) Right \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (practice meditation)
  + 8) Right \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (control your thoughts)
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, or Nirvana, can be achieved by accepting the Four Noble Truths and following the Eightfold Path

\_\_\_\_\_\_\_\_\_\_\_\_’s missionaries and their writings spread Buddhism from India to \_\_\_\_\_\_\_\_\_\_ and other parts of Asia