Notes – 3.4 – Buddhism

Buddhism

* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
	+ Founder
	+ Later known as \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_
	+ 1) In life, we \_\_\_\_\_\_\_\_\_\_\_\_\_
	+ 2) Suffering is caused by \_\_\_\_\_\_\_\_\_\_\_\_\_
	+ 3) Suffering can be \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
	+ 4) The Eightfold Path is the \_\_\_\_\_\_\_\_\_\_\_\_\_\_ to suffering
	+ The truth about life, according to Buddhism
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_ to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
	+ 1) Right \_\_\_\_\_\_\_\_ (know the truth)
	+ 2) Right \_\_\_\_\_\_\_\_\_\_\_\_\_\_ (free your mind of evil)
	+ 3) Free \_\_\_\_\_\_\_\_\_\_\_\_ (say nothing that hurts others)
	+ 4) Right \_\_\_\_\_\_\_\_\_\_\_\_ (work for the good of others)
	+ 5) Right \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (respect life)
	+ 6) Right \_\_\_\_\_\_\_\_\_\_ (resist evil)
	+ 7) Right \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (practice meditation)
	+ 8) Right \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (control your thoughts)
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, or Nirvana, can be achieved by accepting the Four Noble Truths and following the Eightfold Path

\_\_\_\_\_\_\_\_\_\_\_\_’s missionaries and their writings spread Buddhism from India to \_\_\_\_\_\_\_\_\_\_ and other parts of Asia